

PREVENTATIVE: DAILY (What doctors are telling us:)

Vitamin D3 (Liquid) 5,000 to 10,000 IU

Zinc 25-50 mg

Vitamin C 2,000 –4,000 mg

Probiotic Min 20 billion cells

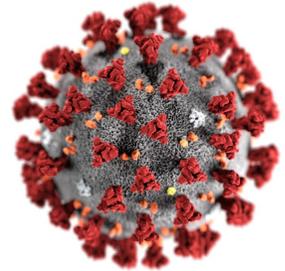
Pink Himalayan Salt 1/3 tsp (through out the day or on meals)

Water/ Green tea 1/2 your body weight per day in ounces

Nebulizer rinse 2-3 min 2 x's a day (50/50 saline and 3% Hydrogen peroxide)

Tonic Water—Quinine

Bone broth



PROTOCOL WITH SYMPTOMS: 7 DAYS ONLY

Zinc 100-150 mg per day with meal

Vit D3 20,000 IU **day one**, 10,000 IU for 6 days (**day 2 to 7**)

Vit C dose to bowel tolerance (diarrhea is better than a bad case of COVID-19)

Vitamin C 4,000 –10,000 mg

Probiotic min 20 billion per day for 7 days

Nebulizer 3-5 min every hour until symptom are gone—

(50/50 saline and 3% Hydrogen peroxide)

Tonic Water—Quinine

Bone broth

Pink Himalayan Salt 1/3 tsp (through out the day or on meals)

Water/ Green tea 1/2 your body weight per day in oz

Avoid: Alcohol, Sugar, Pastas, Juices, Grains, Breads

Start if you get COVID-19

Days 1-5 — HCQ tab (200 mg) twice a day for 5 days

IVM 3mg tabs take 12-18 mg (5-6 tabs) by mouth daily for 2 days minimum and continue the same dose (12-18 mg) daily until recovered for up to maximum 5 days (take no more than 5 total doses of IVM)

Fluvoxamine 50mg bid x 5 days

C19 mAbs infusion from an ER/hospital or infusion center

Take HCQ 1 tab every week on the same day until pandemic is over.

If respiratory symptoms increase (worsen):

Prednisone 40 - 60mg daily x 5-7 days or Dexamethasone 4mg twice a day if Oxygen saturation less than 94% or wheezing or shortness of breath worsening.

Budesonide 0.5-1mg/2ml via nebulizer twice a day

Colchicine 0.6mg twice a day x3 days then 0.6mg daily x 10 days

D3 5000 iu daily

Pepcid 20 mg daily

Continue daily ASA 325mg

Zinc 50mg daily

IMPERIAL VALLEY – After more than one year of treating COVID-19 on the Imperial Valley frontlines, which included the months the County was the virus epicenter of California, two doctors — Dr. Brian Tyson and Dr. George Fareed— have added to their effective treatment. The treatment changes are based on latest results by other frontline doctors and what they have observed personally.

The following are the drug abbreviations:

HCQ = hydroxychloroquine

IVM = Ivermectin

ZN = Zinc Sulfate

DOXY = Doxycycline

AZM = Azithromycin

ASA = Aspirin

D3 = Vitamin D3

C19 mAbs = Eli Lilly or Regeneron dual Covid-19 monoclonal antibodies

Dosages

HCQ 200mg tabs # 16

ZN 220 mg (or zinc elemental 50mg) # 16

DOXY- 100 mg # 14 or AZM- 500mg # 5 or Z-pak)

IVM 3mg tabs # 12-20

ASA 325 mg tabs # 30

D3 5,000 iu # 30 **This is not a prescription... always check with your doctor.**