Dear God, my creator, my Heavenly Father, this morning as I contemplate a new day, I ask you to help me.

I want to be aware of your Holy Spirit—leading me in the decisions that I take, the conversations that I have, and the work that I do.

I want to be more like you, Jesus, as I relate to the people I meet today—friends or strangers or even my enemies. It is my desire to surrender everything to you.

Oh Lord, I pray that you forgive my disobedience and my rebellious spirit. It is my heart's desire to live in complete submission to you with no resistance.

So, right now, I submit my will, my desires, and my plans to your full authority. I will not attempt to take my life or vengeance into my own hands.

I honor you as my Sovereign God & My eternal savior, and I surrender every aspect and dimension of my life totally and completely to you.

I give to you my spirit, my soul, my body, my heart, My mind, and my will. As you have covered me with your blood—gave to me you Holy Spirit, I ask you to take control of my soul, and body, my heart, mind, and will.

Oh Lord, I renew my commitment to you to allow the Holy Spirit to produce the fruit of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control in my life. Holy Spirit, show me the specific sins that are in my heart and life that I need to fully repent of to honor God my father who is holy in who he is and who is holy in all his ways. I want You to give me the strength to power through all the tasks today — whether little or big. It is by Your will that I live oh Lord. And I know it is also by Your will that I will not grow weak today. I will not grow lazy, nor will I fail to do all things set before me because You strengthen me.

Lord, it is no longer my will, but let your will be done in my life. Even now, I pray for strength and courage to do your will especially when it is difficult. I pray all these things in the name of Christ Jesus, the perfect example of submission to the Father.

It is you who made the earth by your power, you established the world by your wisdom, and by your understanding stretched out the heavens.

Lord, you know my end from the beginning, you know when I sit and when I rise. You understand all my thoughts and you are familiar with all my ways, that even before I speak a word, Lord, you know it completely.

Your eyes saw me unformed body and all the days ordained for me were written in your book before one of them came to be.

I acknowledge that you are the Lord of my life and that my life is in your hands. I recognize that I need you because my knowledge, understanding, and wisdom are limited. Oh, the depth of the riches, wisdom, and knowledge of my God!

My desire is to surrender all to you right now in the name of Jesus the Christ my savior. I praise your name. I love you, my God.

Thank you God my father, for giving me LIFE Thank you Jesus my savior for giving me Everlasting Life Thank you Holy Spirit for empowering my life

I now start my day in your hands and will for my life. Help me to always be prepared to share your Gospel message with everyone I meet. I pray for souls to be saved to honor you as my Heavenly Father.

Thank you for hearing my mediation prayer today. I trust you; I love you; I surrender all to you. AMEN

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